

Free Mushroom Farming Starter Checklist

A Beginner's Step-by-Step Guide to Start Right

1. Before You Start (Clarity First)

- Decide your goal (learning / side income / business)
- Choose mushroom type (Start with **Oyster Mushroom**)
- Fix your budget (₹5,000 / ₹20,000 / ₹50,000+)
- Select a small space (room, shed, corner area)

👉 *Focus: Start small, not perfect*

2. Basic Setup Checklist

- Clean and empty room or area
- Proper ventilation (airflow is important)
- Basic racks or hanging setup
- Water access (for spraying moisture)
- Temperature awareness (avoid extreme heat)

👉 *Goal: Controlled, clean environment*

3. Materials You Need

- Mushroom spawn (from trusted supplier)
- Substrate (straw/sawdust/compost)
- Plastic bags or containers
- Spray bottle or humidifier
- Gloves & basic hygiene items

👉 *Tip: Quality spawn = better results*

4. First Batch Plan (Start Small)

- Begin with **20–50 bags only**
- Prepare substrate properly
- Fill and place bags carefully
- Maintain moisture daily

👉 *Goal: Learn the process, not earn big*

5. Daily Monitoring Checklist

- Check moisture (not too dry, not too wet)
- Maintain cleanliness (very important)
- Observe growth progress
- Ensure airflow

👉 *Consistency = success*

6. Harvest & Handling

- Harvest at the right time
- Handle mushrooms gently
- Keep them clean and fresh
- Store properly (short shelf life)

7. Selling Preparation (Most Important)

- Identify 2–3 buyers before harvest
- Contact local vendors or shops
- Approach nearby restaurants
- Inform friends/neighbors

👉 *No buyers = no income*

8. Basic Cost Awareness

- Track setup cost
- Track material cost
- Track selling price
- Track profit/loss

👉 *What gets tracked improves*

9. Common Mistakes to Avoid

- Starting too big
- Ignoring hygiene
- No sales plan
- Expecting quick profit
- Skipping daily checks

10. Your First Goal

👉 Don't aim for ₹1 lakh

- Aim for **₹5,000–₹10,000 consistent income**
- Focus on **2–3 successful cycles**

Final Advice

Start small. Learn fast. Improve every cycle.

👉 Mushroom farming is not about luck—
it's about **consistency + smart selling + discipline**

About Fruvini

Fruvini helps beginners start mushroom farming the right way with practical guidance, real insights, and step-by-step support to build sustainable income. Learn and Grow with us: <https://www.fruvini.com>